

VANTAGE STAYS

The Ultimate Youth Group Retreat Planner

Plan a Safe, Fun, and Meaningful Retreat
in the Great Smoky Mountains

25+ Pages · Permission Slips · Chaperone Guide · Activity Planner
Devotional Schedule · Emergency Contacts · Budget Tracker

Organization:

Group Name:

Dates:

Lead Chaperone:

Youth Count:

Age Range:

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4. Chaperone Assignments & Ratios

Recommended chaperone-to-youth ratios vary by age and activity. Always err on the side of more supervision, especially for outdoor activities in the mountains.

Age Group	Recommended Ratio	Your Ratio	Chaperones Needed
6-8 years	1:4		
9-12 years	1:6		
13-15 years	1:8		
16-17 years	1:10		
Water activities	1:4 (all ages)		
Hiking	1:6 (all ages)		

Chaperone Name	Phone	Assigned Youth	Room	Special Role

5. Permission Slip Template

Copy this page for each participant. Must be signed by parent/guardian before the trip.

PERMISSION AND MEDICAL RELEASE FORM

Youth's Full Name:

Date of Birth:

Address:

Parent/Guardian Name:

Phone (Primary):

Phone (Secondary):

Email:

Insurance Provider & Policy #:

Physician Name & Phone:

Known Allergies:

Current Medications:

Medical Conditions:

Dietary Restrictions:

I, the undersigned parent/guardian, give permission for the above-named youth to participate in the group retreat at Vantage Stays in the Smoky Mountains. I authorize the chaperones to seek emergency medical treatment if I cannot be reached.

Signature: _____ Date: ___/___/_____

Print Name: _____

7. Cabin Rules & Expectations

- Respect the cabin and all property - you break it, you buy it
- Lights out by __:__ PM (chaperones enforce)
- No youth in rooms of the opposite gender
- Shoes off inside the cabin
- Clean up after yourself - leave common areas tidy
- No one leaves the cabin alone - buddy system at all times
- Electronics-free time: __:__ to __:__
- Hot tub rules: adult supervision required, no running
- Pool rules: no diving, adult supervision required at all times
- Mountain safety: stay on trails, don't approach wildlife, carry water
- Report any injuries or concerns to a chaperone immediately
- Have fun, be kind, make memories!

9. Activity Planning (Age-Appropriate)

Educational (Tie to Curriculum)

- Great Smoky Mountains NP Junior Ranger program
- Nature journaling & sketching
- Wildlife identification hike
- Geology of the Appalachian Mountains
- Cherokee history & culture
- Star identification & astronomy night

Adventure

- Easy hiking trails (Laurel Falls, Grotto Falls)
- Gem mining
- Tubing on the river (summer)
- Zip-lining (age 10+)
- Horseback riding
- Mountain coasters (check height requirements)

Team Building

- Cabin scavenger hunt
- Group cooking challenge
- Talent show
- Campfire storytelling
- Team relay races
- Trust exercises

Creative

- Craft time (friendship bracelets, nature art)
- Photography challenge
- Journaling & reflection
- Skit night
- Worship & music session

12. Safety & Emergency Plan

Emergency Contacts

- Emergency: 911
- LeConte Medical Center: (865) 446-7000 (742 Middle Creek Rd, Sevierville)
- Poison Control: 1-800-222-1222
- Sevier County Sheriff: (865) 453-4668
- Cabin emergency maintenance: Contact Vantage Stays at (865) 408-1817

Emergency Procedures

- First aid kit location: _____
- Nearest hospital route: saved in lead chaperone's GPS
- Parent notification procedure: call immediately, follow up in writing
- Severe weather plan: move all youth inside, away from windows, to lowest level
- Lost youth procedure: immediate headcount, search in pairs, call 911 if not found in 15 minutes
- Fire evacuation: exit cabin, meet at designated spot (_____), headcount

The Vantage Advantage

Cabins for 5-42 Guests

Keep your entire group under one roof in luxury.

Resort Community Options

Book multiple cabins steps apart for larger groups.

Free Attraction Tickets

Every stay includes Xplorie tickets to 18+ attractions.

Concierge Services

Grocery delivery, private chefs, celebration decor arranged.

Trip Planning Tools

Online trip planner, cost splitter, and meal planner.

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Best rates guaranteed. 21+ years in the Smokies.

Visit vantagestays.com or call **(865) 408-1817**

